



# **2023 1<sup>st</sup> CHINATOWN IN-TAO TAEKWONDO CHAMPIONSHIP**

## **Introduction :**

Hello Masters, Coaches, and Students. I am the Head Master of the Chicago IN-TAO Taekwondo school, Tim Wu.

On behalf of all our students and faculty, it's a pleasure of mine to welcome you to the First Chinatown Taekwondo Championship of 2023!

IN-TAO Taekwondo is from Guangdong, China. It's a Taekwondo group with over 20 years of experience, we are committed to promoting the sport of Taekwondo. Our philosophy is "Discovering the potential of children and showing their potential". Through half a year of preparation, the First Chinatown Championship can finally be successfully held with everyone's support and efforts. We also prepared a lot of special features, such as electronic gear, and reasonable weight grouping, letting the competition be fair and equitable. There will also be performances that include Chinese characteristics and lucky draws. We also have special trophies and prizes. All competitors are guaranteed to place and receive a medal to encourage their dreams as future martial arts competitors. Lastly, Thank You to all those who came, and hope the best to all competitors.

**August 19th, 2023-Saturday**

**Ping Tom Memorial Park**

**1700 S Wentworth Ave Chicago, IL 60616**

**Hosted by:**

**IN-TAO Taekwondo Association**

**549 W 31st ST Chicago, IL 60616**

**Call: (312)678-8022 Cell:(312)468-7339**

**Visit at [IN-TAO.com](http://IN-TAO.com), [facebook.com/INTAOCHICAGO](https://facebook.com/INTAOCHICAGO)**



# Registration Fees & Information

CHECK OR MONEY ORDER PAYABLE TO: "IN-TAO TKD INC"

**\*Pre-Registration Fee: 1 Event \$75 (Original Price: \$85)**

Pre-Registration Before **August 1, 2023**

**\*\$10 Each Additional Event**

**\*Breaking Event, Board Fee: \$10.00 Additional Fee**

**\*Divisions Need your Own Daedo E-Socks **OR** Rent Our E-Socks**

**Electronic Foot Armor Rental Fee: \$10.00 Additional Fee**

Send Registration papers to: [INTAOCHICAGO@GMAIL.COM](mailto:INTAOCHICAGO@GMAIL.COM)

**Admission: \$10 Spectator / \$5 Children 5-12 yrs old / Free under 5 yrs old**

Buy ticket at the door (Cash Only)

## Schedule Event

<b>Saturday, August 19, 2023</b>	<b>Competitor Check-In</b>
<b>8:30 AM</b>	<b>Referee &amp; Coaches Meeting</b>
<b>9:00 AM</b>	<b>Open Ceremony</b>
<b>9:30 AM</b>	<b>Form Competition/ Breaking Competition</b>
<b>12:30 PM</b>	<b>Lunch/Lucky Draws</b>
<b>1:00 PM</b>	<b>Sparring Competition</b>
<b>4:30 PM</b>	<b>End</b>



## FORM DIVISIONS

Belt Age	White Yellow	Orange Green	Purple Blue	Brown Red	Deputy Black	Black
5&Under	BASIC TAEGEUK 1 PALGWE 1	TAEGEUK 2, 3 PALGWE 2, 3	TAEGEUK 4, 5 PALGWE 4, 5	TAEGEUK 6, 7 PALGWE 6, 7	TAEGEUK 8 PALGWE 8	BLACK BELT FORM
6 – 7						
8 – 9						
10 – 11						
12 – 13						
14 – 15						
16 – 17						
18 – 32						
33 & up						

\*Competitors 6 years old and younger can perform the first 10 steps of their form.  
This will not affect their score.

## BOARD BREAKING DIVISIONS

	White - Yellow – Orange	Green - Purple - Blue	Brown - Red – Deputy	Black
3 - 6	<b>3 Boards</b> 1. Punch or Hammer fist 2. Front Snap Kick 3. RoundHouse Kick (tornado) OR Axe kick	<b>3 Boards</b> 1. Roundhouse kick 2. Skip side Kick 3. Jumping High kick	<b>3 Boards</b> 1. Tornado Kick 2. Back kick 3. Jump sidekick	<b>4 Boards</b> Freestyle
7 - 9				
10 – 13				
14 -17				
18 - up				
Breaking Order				

\*Competitors will have 30 seconds to break all their boards  
\*There will be two chances for each breaking skill



# SPARRING GENERAL RULES

Application of Junior Safety Rules for Competitions			
Age	Belt Color	Applicable Rules	
Dragon 5--7	Yellow	Light Head Contact (Facial armor)	
	Green		
	Blue		
	Red		
	Black		
Tiger to Junior 8--17	Yellow	Light Head Contact (Facial armor)	
	Green		
	Blue		
	Red		
	Black	Light Head Contact	
Senior	Yellow	Adult Rules	
	Green		
	Blue		
	Red		
	Black		

## Electronic protective gear-strength standard (cuirass)

male	15-19KG	20-22KG	23-25KG	26-28KG	29-31KG	32-34KG	35-37KG	38-40KG	41-43KG
strength	4	5	6	7	8	9	10	11	12

male	44-46KG	47-49KG	50-52KG	53-55KG	56-58KG	59-61KG	62-64KG	65-68KG	68+
strength	13	14	15	16	17	18	19	20	21

female	15-19KG	20-22KG	23-25KG	26-28KG	29-31KG	32-34KG	35-37KG	38-40KG	41-43KG
strength	3	4	5	6	7	8	9	10	11

female	44-46KG	47-49KG	50-52KG	53-55KG	56-58KG	59-61KG	62-64KG	65-68KG	68+
strength	12	13	14	15	16	17	18	19	20

Modified USAT and WTF Sparring rules will apply, and Mandatory Equipment is required for this event.

## All Color Belt Divisions



**\*Level 8 – Level 5 competitors are in 1 group, compete according to age & weight (closest weight compete for the match)**

**\*Level 4 – Level 2 competitors are in 2 group, compete according to age & weight (closest weight competes for the match)**

**\* 2 Rounds, 1 minute per round.**

**\* All Color Belt - LIGHT Head contact (USE FACIAL ARMOR)**

**\* Divisions will NEED YOUR OWN Daedo e-socks, otherwise, you HAVE TO RENT OUR Electronic Foot Armor.**

**\* One point for punches, two points for body kicks and Head contact are Three points**

### **All Red Belt&Black Belt Divisions**

**\*PLEASE NOTE if you have reached the RED BELT or ABOVE, matches will be according to age and weight (closest weight competes for the match)**

**\*3 rounds, 1.5 minutes per round.**

**\*One point for punches, two points for body kicks, and Four points for spinning kicks. Head contact is Three points and spinning kick is Five points**

**\*Divisions will need their own Daedo Electronic Foot Armor, otherwise you have to rent our E-Socks.**

**\*Coaches have ONE live replay opportunity**

### **SPECIAL FEATURES**

IN-TAO  
TAEKWONDO

